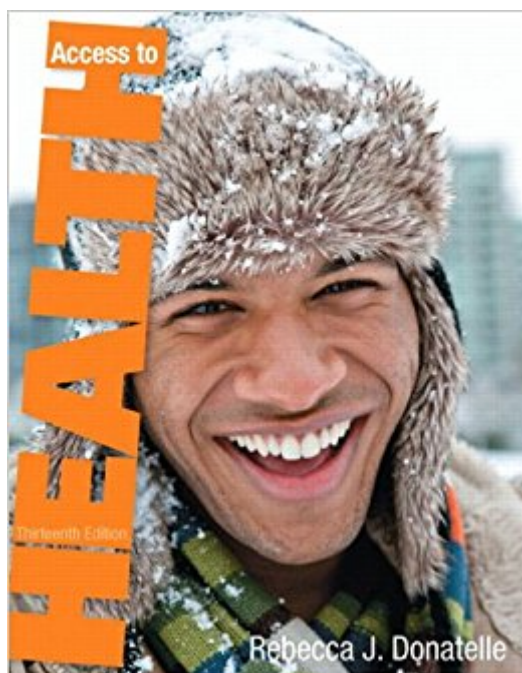


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Access To Health (13th Edition)



Synopsis

The Thirteenth Edition of *Access to Health* makes personal health engaging for students to learn and easier for instructors to teach by focusing on the most important real-world issues and topics, highlighting a focus on technology and money. Long known for its currency, research, and strength in behavior change, *Access to Health* provides key information through a consistent framework for motivating you to make healthy life choices. As a teacher, mentor, and researcher, Rebecca J. Donatelle knows the issues that are important to today's students. Through her friendly writing style she addresses your concerns and teaches them to be savvy and critical consumers of health information. The Thirteenth Edition adds new features highlighting health topics centering around money and technology issues. Additionally, the book references one Video Tutor per chapter with QR codes. You simply scan the code with a reader on their phone and quickly and easily view a short video that makes a tricky concept easy to understand. As always, the book's attractive design, imaginative art, unique mini-chapters, and robust media make learning personal health more accessible. *Access to Health* provides hands-on practical tools that help you effect healthy changes in your life. Note: If you are purchasing the standalone text or electronic version, MasteringHealth does not come automatically packaged with the text. To purchase MasteringHealth please visit www.masteringhealthandnutrition.com or you can purchase a package of the physical text + MasteringHealth by searching for 0321982746 / 9780321982742. MasteringHealth is not a self-paced technology and should only be purchased when required by an instructor.

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Customer Reviews

Rebecca Donatelle is a Professor Emeritus in Public Health and was the Coordinator of the Public Health Promotion and Education Programs in the College of Health and Human Sciences at Oregon State University. She has a Ph.D. in Community Health/Health Education, a Master of Science degree in Health Education, and a Bachelor of Science degree with majors in both Health/Physical Education and English. She was also a Certified Health Education Specialist in behaviors and behavior change. She has received the Leadership Award, outstanding teacher award in her college, and a Robert Wood Johnson Foundation Presidential Award for Promising New Research in the Smoke-Free Families National Initiative.

Great. I actually am currently completing my general education requirements for transfer eligibility. I needed the book earlier than the regular January 4-8 shipping date. And the vendor selling this book was extremely accommodating in this request. The book is o.k. This is Health Science 1. My only pointer would have been to have had a review exam after every chapter. I like the pop quizzes but more questions would have helped also. A lot of general information can be found in this information. So, deciding what's important versus what's not is a little challenging. But overall, it's an o.k. book. Just would have wanted more of an exam review questions after every chapter.

This is my school book from a year ago and I could not print a copy due to only having been able to download parts of it from the school. I was very pleased to have gotten it from . It came in really good condition, though I have not looked into it as much as I probably should have. I only wanted to have a copy of all my class textbooks for future reference. I am happy to have my copy of this one along with several others and glad it's in really good condition.

Worked great for the class, informative and fairly objective. Doesn't push abstinence or any other bs so that's nice.

Book was not in great condition but helped me succeed in my class. Great buy! Returning soon so as to not miss due date!

I typically find best prices for text book rentals on . Text books come in very gently used condition. Love it. Would recommend to anyone. Never had any issues and it is free to ship back!

An amazing book with tons of great health information. Donatelle never talks down to the reader (as some textbook authors tend to do). At the same time, she delivers detailed health and emotional information for the health student. An overall, great book.

well written and an easy read. so many text books make reading the assigned chapters so difficult but this one was fairly pleasant

Really useful book for a great price to rent, I recommend it, better than paying over \$100 for the newer edition

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